

# Welcome to Chang Thai Bar and Restaurant



## STARTER

- |                                                                                                                                                              |                                                                                                                                                           |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1) <b>Chicken Satay</b> £6.50<br>Strips of grilled chicken marinated in a secret home-made recipe served with peanut sauce and cucumber dip.                 | 9) <b>Tao Hoo Satay</b> £5.75<br>Marinated bean curd with thai herbs topped with a peanut satay sauce. <b>V GF</b>                                        |
| 2) <b>Homemade Prawn Toast</b> £6.20<br>Marinated prawn and chicken on toast topped with sesame seed, served with sweet chilli sauce.                        | 10) <b>Thai Fish Cakes</b> £6.25<br>Asian fish ground with thai spices and red curry paste, home made, served with cucumber dip & sweet chilli. <b>GF</b> |
| 3) <b>Po Pia Tod</b> £5.50<br>Vegetarian Thai style spring roll with a sweet chilli sauce on the side. <b>V</b>                                              | 11) <b>Prawn Butterfly</b> £6.50<br>King prawns coated in crispy breadcrumbs with a chilli dip.                                                           |
| 4) <b>Knanom Jeeb Tod</b> £5.50<br>Deep fried dumplings filled with mint pork, water chestnut and mushroom (inc wheat flour) served with sweet chilli sauce. | 12) <b>Hoy Ob</b> £6.20<br>Steamed mussels in a thai herb, coriander and coconut milk sauce. <b>GF</b>                                                    |
| 5) <b>Goong Hom Pa</b> £6.50<br>Home marinated King Prawns deep fried in a filo pastry wrap with sweet chilli dip.                                           | 13) <b>Pak Choop Pang Tod</b> £4.95<br>Deep fried battered mixed vegetables with sweet chilli dip. <b>V</b>                                               |
| 6) <b>Toong Thonge</b> £5.95<br>Crispy fried vegetable pouches with thai herbs and dip. <b>V</b>                                                             | 14) <b>Thai Prawn Cracker</b> £2.50<br>Prawn crackers with a hint of chilli and a sweet dipping sauce.<br>Great to nibble whilst you peruse.              |
| 7) <b>Tod Mun Kao Pod</b> £5.75<br>Deep fried sweetcorn "cakes" with red curry paste and lime leaves. <b>V</b>                                               | 15) <b>Aromatic Duck</b> £9.95<br>Shredded fried duck, steamed pancakes, strips of cucumber and plum sauce, a light lunch or good to share.               |
| 8) <b>Honey Spare Ribs</b> £6.20<br>Succulent home marinated spare ribs with a honey sauce.                                                                  | 16) <b>Griddled Emperor Prawns</b> £13.50<br>Served in their shells with a fresh chilli dip                                                               |
|                                                                                                                                                              | 17) <b>Full Platter for 2</b> £14.95<br>A selection from numbers 1 - 6 from above.                                                                        |

## SOUP

### Tom Yam

A Thai favourite soup with a distinct spicy and sour taste. The flavour derives from fresh ingredients such as lemongrass, kaffir lime leaves, galangal, lime juice, fish sauce, and crushed chili peppers. **S GF**

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|----------------------|-------|
| 19) Gai (Chicken)    | £6.50 |
| 18) Goong (Prawn)    | £6.75 |
| 20) Hed (Mushroom)   | £5.95 |
| 21) Ta Lay (Seafood) | £6.70 |

### Tom Kha

The great taste of the Tom Yam Soup but smoothed with the addition of coconut milk. **S GF**

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|--------------------|-------|
| 22) Gai (Chicken)  | £6.50 |
| 23) Hed (Mushroom) | £5.75 |

### Giew Nam (24)

A Light tasty broth with wonton parcels of minced chicken and prawn with Chinese leaves. £6.00

## MAINS

### CURRY

#### Gaeng Keow Wan - Green Curry

The famous staple of Thai Cuisine. A rich curry paste mixed with coconut milk with added peppers, bamboo shoots, courgettes and basil. **S GF**

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|------------------------------|--------|
| 25) Gai (Chicken)            | £9.95  |
| 35) Moo (Pork)               | £10:15 |
| 43) Nua (Beef)               | £10:55 |
| 56) Goong (Prawn)            | £10.95 |
| 80) Pak (Vegetable) <b>V</b> | £9.50  |

#### Gaeng Phed - Red Curry

Thai spices and herbs blended into a red paste, mixed with coconut milk and vegetable, peppers, bamboo shoots and basil. **S GF**

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|------------------------------|--------|
| 26) Gai (Chicken)            | £9.95  |
| 36) Moo (Pork)               | £10:15 |
| 44) Nua (Beef)               | £10:55 |
| 57) Goong (Prawn)            | £10.95 |
| 79) Pak (Vegetable) <b>V</b> | £9.50  |
| 51) Ped (Duck)               | £11.95 |

#### Gaeng Pah - "Jungle Curry"

A truly coarse rustic dish, with the red curry spices but none of the smoothness of the coconut milk. Includes fine beans, peppers bamboo shoots, straw mushrooms, basil and Thai herbs. **S GF**

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|-------------------|--------|
| 28) Gai (Chicken) | £9.95  |
| 45) Nua (Beef)    | £10:55 |
| 58) Goong (Prawn) | £10.95 |

#### Choo Chee

A lightning flash of dry red curry, peppers and lime leaves cooked in coconut milk. **S GF**

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|---------------------------|--------|
| 65) Goong (Emperor Prawn) | £13.95 |
| 73) Pla Muek (Squid)      | £11:25 |
| 78) Pla (Fish)            | £12.50 |

### SALAD

#### Yam Thai

A refreshing dish of grilled meat with mint, tossed in a salad with lime & Chilli dressing (served cold and spicy). We recommend you have this with sticky rice. **S**

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|------------------------------|--------|
| 37) Moo (Pork)               | £10:15 |
| 46) Nua (Beef)               | £10:55 |
| 63) Goong (Prawn)            | £10.95 |
| 69) Ta Lay (Seafood)         | £12.50 |
| 84) Pak (Vegetable) <b>V</b> | £9.50  |

### STIR FRY

#### Gra Tiem Prig Thai

A delicious stir fry with spring onion, garlic, and ground white and black pepper. Full of flavour as the ingredients would suggest.

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|---------------------------|--------|
| 29) Gai (Chicken)         | £9.95  |
| 41) Moo (Pork)            | £10:15 |
| 64) Goong (Emperor Prawn) | £13.95 |
| 77) Pla (Fish)            | £12.50 |
| 72) Pla Muek (Squid)      | £11:25 |

#### Priew Wan

Stir fried pineapple, tomato, peppers, onions, spring onions and cucumber in a sweet and sour sauce.

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|------------------------------|---------|
| 31) Gai (Chicken)            | £9.95   |
| 39) Moo (Pork)               | £10:15  |
| 59) Goong (Prawn)            | £10.95  |
| 74) Pla (Fish)               | £ 12.50 |
| 82) Pak (Vegetable) <b>V</b> | £8.95   |

#### Pad Prig

Stir fried spring onions, tomatoes, onion, peppers and Thai Chilli. A clean and spicy taste. **S**

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|-------------------|--------|
| 30) Gai (Chicken) | £9.95  |
| 42) Moo (Pork)    | £10:15 |

#### Pad Khing

Fresh ginger wok cooked with spring onions, peppers, onions and soya beans.

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|-----------------------------|--------|
| 33) Gai (Chicken)           | £9.95  |
| 48) Nua (Beef)              | £10:55 |
| 53) Ped (Duck)              | £11.95 |
| 85) Hed (Mushroom) <b>V</b> | £8.95  |
| 75) Pla (Fish)              | £12.50 |

#### Pad Gra Pow

A delicious spicy mix of choice of meat with Thai Basil leaves, fine beans, bamboo shoots, peppers and thai chillies. **S**

- |                   |        |
|-------------------|--------|
| 34) Gai (Chicken) | £9.95  |
| 38) Moo (Pork)    | £10:15 |
| 50) Nua (Beef)    | £10:55 |
| 54) Ped (Duck)    | £11.95 |
| 81) Tofu <b>V</b> | £9.50  |

#### Him Ma Parn

Spring onions, peppers, onions and cashew nuts in a tomato sauce.

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|-------------------|--------|
| 32) Gai (Chicken) | £9.95  |
| 61) Goong (Prawn) | £10.95 |

## SET MENU

Our set menus are all for a minimum of two people.

### MENU A

£20.50 per person

#### Starters

Prawn toast  
Spring rolls  
Knanom Jeeb Tod

#### Main Course

Pork Red Curry  
Beef oyster sauce  
Stir fried sweet and sour vegetables.  
Thai Jasmine rice

### MENU B

£24.95 per person

#### Starters

Chicken satay  
Prawns in filo  
Toon Thonge

#### Main Course

Pad Gra Pow Gai  
Sweet and sour pork  
Beef green curry  
Stir fried mixed vegetables  
Thai jasmine rice

### CHANG THAI MENU

£27.95 per person

#### Starters

BBQ ribs with honey sauce  
Thai Fish Cakes

#### Second course

Aromatic duck pancakes

#### Main Course

Massaman Chicken  
Prawns with shrimp curry paste  
Sweet and sour Fish  
Stir fried mixed vegetables  
Thai jasmine rice

### VEGETARIAN MENU **V**

£18.50 per person

#### Starters

Spring rolls  
Sweetcorn cakes  
Mixed vegetables in batter

#### Main Course

Bean curd green curry  
Sweet & sour vegetables  
Mushrooms with ginger  
Thai jasmine rice

**Diet:** If you have any special dietary requirement please let us know & we will be happy to accommodate where possible.

**V** = Vegetarian **S** = Spicy **GF** = Gluten Free. Our food is freshly cooked to order - we are happy to try and match your personal taste.

# THAI SPECIALS

- 27) **Massaman Curry** £12.50  
A southern Thailand dish adapted with Lamb from the marches in a creamy spicy sauce and a rare appearance of potatoes!  
Or with Chicken £10.50
- 40) **Moo Pad Pak** £10.15  
Wok cooked pork with broccoli, carrots, mangetout, baby corn and spring onion.
- 47) **Panang Nua** £10.55  
Rich curry of beef with coconut milk, lemongrass and lime leaves. **S**
- 49) **Nua Nam Man Hoy** £10.55  
Wok cooked beef in dark flavoursome oyster sauce, spring onions, broccoli, onions and mushroom.
- 52) **Ped Ma-Karm** £11.95  
Roasted duck with exotic tamarind sauce, topped with cashew nuts, spring onion and coriander. **GF**
- 55) **Pad Phed Ped** £11.95  
Duck stir fried with red curry paste, thai herbs, fresh peppercorns, chilli, lime leaf and bamboo.
- 60) **Goong Pad Num Prig Pow** £10.95  
Stir fried King prawns with shrimp curry paste, onions, peppers, spring onion and mushrooms.
- 67) **Goong Yai Ma-Karm** £13.95  
Delicious Emperor Prawns with exotic tamarind sauce, topped with cashew nuts, spring onion and coriander. **GF**
- 68) **Pad Sam Sa-Haay** £12.50  
Stir fried prawns, squid, crab and mussels with spring onion, peppers, basil and thai chilli. **S**
- 83) **Pad Pak Rhuam** £7.95  
Vegetables cooked in oyster sauce. **V**
- 76) **Pla Pad Cha** £12.50  
Fried Fish Fillet topped with aromatic this herbs and spices, bamboo, eggplant, peppers, gra chai and basil.



## NOODLE

- 86) **Pad Thai** £8.95  
A Thai street classic, King prawns, chopped turnip, egg and beansprouts cooked with Thai rice noodles.
- 87) **Pad Si-Eul** £8.95  
Stir fried rice noodles with choice of meats or bean curd **V**, egg broccoli, carrots, chnese leaves and soy sauce.
- 88) **Drunkard Noodles** £8.95  
Stir fried spicy noodles with choice of meats, mangetout, baby corns, onions or basil leaves. **S**
- 89) **Plain noodles** £4.50  
Plain noodles stir fried with soy sauce, bean sprouts and spring onions.
- 90) **Chang Thai Noodles** £10.95  
Stir fried noodles with mixed seafood, egg, broccoli, carrots & Chinese leaves.

## RICE

- 91) **Kaow Suay** £2.70  
Thai Jasmine steamed rice.
- 92) **Kaow Pad Kai** £2.90  
Fried rice with eggs, peas and carrots.
- 93) **Kaow Ka Ti** £3.25  
Coconut rice.
- 94) **Kaow Neow** £3.00  
Steamed sticky rice.
- 95) **Kaow Pad Poo** £9.75  
Special fried rice with crab meat, egg & spring onion.
- 96) **Chang Thai Fried Rice** £11.50  
With mixed seafood, egg, pineapple, peppers, onions, carrots, spring onions, corriander and cumin.



CHANG THAI  
Bar & Restaurant

## MAIN MENU

### Welcome

We use fresh herbs and spices from Thailand and our Thai Team of Chefs also source some of the great local produce and meats we are blessed with in Shropshire. Keep a look out for our specials where our chefs bring you tastes and flavours which are a little more challenging and adventurous. If you have any dietary requirements or are have particular requests regarding dishes please feel free to talk to our staff as food is cooked fresh and we are happy try and match your personal taste.